

# Community Health Assessment

Below are some of the things we learned in the most recent assessment about the Central District (Hall, Hamilton, and Merrick Counties).

## In the Central District:

of people have obesity and/or high blood pressure, which are risk factors for heart disease.

1/3

of people have been diagnosed with diabetes

1/10

of people have been diagnosed with some form of cancer

9%

of adults have had no leisure-time physical activity in the last month

1/3

People making less than \$50k were nearly 2x as likely to be diagnosed with COPD

2x

of high school students report using marijuana in the past month

11%

of adults report binge drinking in the past month

21%

of adults have been told they have depression

14%



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## In the Central District:

55% of people say it's "Very easy to get needed advice or information about health or medical topics"

55%

22% of adults have no health insurance, as compared to 10% of Nebraskans

22%

60% of survey respondents said access to care worries them most about the health of their family

60%

11% of adults needed to see a doctor but could not because of cost in the past year

11%

47% of survey respondents said mental health was a top health concern in the community

47%

32% of survey respondents said finding affordable, quality child care was a top health concern in the community

32%

49% of survey respondents would like to have access to more affordable recreation activities

49%

Find the full report by searching "Community Health Assessment" at [cdhd.ne.gov](http://cdhd.ne.gov)

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